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Division of  
**CONTINUING STUDIES**  
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**FASD Training of Trainers Program**  
**March 1-5, 2010**



Spring 2010

## FASD Training of Trainers Program

Monday-Friday, March 1-5, 2010

St. Mary's Hospital  
700 S. Park St.  
Madison, Wisconsin



### The Fetal Alcohol Spectrum Disorders (FASD) Training of Trainers Certificate Program

**Sponsored by:** University of Wisconsin-Madison  
Dept. of Professional Development & Applied Studies

**Cosponsored by:** University of Wisconsin School of  
Medicine and Public Health, Dept. of Family Medicine,  
Great Lakes FASD Regional Training Center (GLFRTC),  
and Wisconsin FASD Treatment Outreach Project (WTOP)

[www.FASDEducation.org](http://www.FASDEducation.org)  
[www.dcs.wisc.edu/pda/aoda](http://www.dcs.wisc.edu/pda/aoda)

## Fetal Alcohol Spectrum Disorders (FASD) Training of Trainers Certificate Program

Monday-Friday, March 1-5, 2010, St. Mary's Hospital, 700 S. Park St., Madison, Wisconsin

### FASD Training of Trainers Certificate Program

The certificate program provides up-to-date, science-based information on FASD, as well as the skills, strategies and materials to provide FASD education and training for colleagues, medical professionals, other health and human services providers, families, communities, administrators/policy makers, and others. The certificate program supplements other professional training, and does not certify a participant to provide substance abuse counseling and/or services to individuals affected by FASD. It is designed to provide pertinent information and skills to help prepare and provide FASD-related training and educational programs for a range of audiences.

Upon successfully completing the following requirements, you will receive an "FASD Training of Trainers Certificate" from UW-Madison:

- fully participating in the five-day in-person training;
- completing pre-training and post-training evaluations;
- completing one written assignment;
- providing one individual or group oral report;
- passing "TOT Educator" quiz, minimum 75% proficiency;
- successfully completing at least two individual or group FASD-related trainings, including evaluating and sharing results.

In addition, evaluation feedback received from the two required trainings, including comments, scoring, etc. will be used to determine eligibility to receive TOT certificate.

Enrollment is limited. Priority is given to individuals who serve medical, health, and allied health providers.

### FASD Training of Trainers Certificate Program-Learning Objectives:

- understand current, research-based information on FASD;
- gain knowledge of FASD materials and resources;
- enhance skills in planning, providing, and evaluating FASD educational programs

### Background Information

Alcohol use during pregnancy is a leading, preventable cause of birth defects and developmental disabilities. Despite increased awareness and education, women of child bearing age—including pregnant women—drink and binge drink (four or more drinks per occasion) at alarming rates. Fetal alcohol spectrum disorders (FASD) is the umbrella term used to describe the range of lifelong effects that can occur due to prenatal alcohol exposure including physical, cognitive, behavioral, and/or social deficits. Not intended as a clinical diagnosis, the term represents the medical conditions associated with prenatal alcohol exposure including fetal alcohol syndrome (FAS), partial FAS, alcohol-related neurodevelopmental disorder (ARND), and alcohol-related birth defects (ARBD).

Many health and human service providers, educators, and others work with clients affected by prenatal alcohol exposure—those with and without a diagnosis—but may lack training to effectively identify, refer, and/or provide effective services for individuals and families affected by FASD. In addition, few agencies or communities offer local FASD training to address these important issues.

Attend the three-day training to learn more about FASD, or the entire five-day program to become a certified FASD Trainer.

