

NONPROFIT ORG
US POSTAGE
PAID
MADISON WI
PERMIT NO 658



DEPARTMENT OF
Professional Development
& Applied Studies
University of Wisconsin-Madison

Presents two new experiential workshops...

Art and Creative Writing Therapy: The Image as Therapist

September 24, 2008

CLAYtherapy®: The Therapeutic Use of Clay with Children

October 2, 2008

The Pyle Center
702 Langdon Street
Madison, Wisconsin

www.dcs.wisc.edu/pda

Art and Creative Writing Therapy: The Image as Therapist

Wednesday, September 24, 2008

For centuries, individuals have instinctively reached for the materials of art and writing for comfort, control, and self-awareness. Creative activities encourage expression of the kinds of deep, less easily verbalized conflicts that can sabotage thinking as well as behavior. Like art-making, creative writing often surfaces unexpected strengths.

Art activities have been shown to be especially effective with children, clients whose first language is not English, those who are highly defended or depressed, and those who lack language due to stroke or cognitive disability. Creative writing provides structures for life review with the elderly, and for containing the complex impulses of adolescents.

Learn to safely use techniques from these therapies with a wide range of populations. You need not be an artist or writer to benefit from this workshop: it is intended for professionals seeking to enlarge their treatment and diagnostic tools, and ready to experience their own capacity for resourcefulness and fun.

In this one-day workshop you learn to:

- Recognize the mechanics of right-brain processing, and its relevance to problem-solving and personal growth
- Appreciate the distinctive power of image-play to access pre-verbal contents and concerns
- Understand the "Stimulation Spectrum" and inherent organizing/disorganizing qualities of common art media
- Utilize creative exercises appropriately with various client populations
- Employ diagnostic scales to better understand client art and creative writing

Workshop Outline:

- Introduction to art and creative writing therapies: slide show and "framing" exercise
- Theories of art and creative writing therapies
- Stimulating/organizing spectrum of art media and activities
- Creative writing therapy: journaling, dyadic stories, and writing from images
- Art and creative writing activities
- Diagnostic scales

Your instructor

Lissa McLaughlin is a writer, art therapist, and editor who has facilitated expressive arts treatment groups for acute psychiatric patients, hospitalized adolescents, adult and geriatric day patients, and children who have experienced sexual abuse. She holds an MA in fiction writing, and a post-master's Certificate in Art Therapy. She is an experienced workshop leader who has taught for academic institutions across the country, including UW-Madison's undergraduate program in Creative Writing, and the Division of Continuing Studies' Write-by-the-Lake Conference.

Art and Creative Writing Therapy—September 24, 2008
CLAYtherapy®—October 2, 2008



DIVISION OF
CONTINUING STUDIES
University of Wisconsin-Madison
Professional Development and Applied Studies
Room 322 Lowell Center
610 Langdon Street
Madison, WI 53703-1195

CLAYtherapy®: The Therapeutic Use of Clay with Children

Thursday, October 2, 2008

CLAYtherapy® as an adjunct to play therapy is a hands-on, practical, and user-friendly therapeutic technique that accommodates all levels of clinical experience and artistic abilities. It is designed to help any professional guiding children in seeking resolution and coping with a variety of life issues—problem solving, self-esteem enhancement, decision making, and impulse/anger control. It supports clinical goals whether they are short-term interviewing, long-term relationship building, or data collection approaches. It is ideal for children ages 3 through 12, and some older youth as well.

CLAYtherapy® relieves a child's fear of counseling, grabs and holds their interest, provides a wide array of clinical connections and establishes an immediate problem-solving environment. It can be the ultimate intake icebreaker in the establishment of the working relationship with a child.

In this one-day workshop you learn how:

- CLAYtherapy® provides specific methods that allow the therapist and child to clinically connect
- To discover the nature and properties of clay and how it can be shaped with everyday objects
- To use CLAYtherapy® with ADHD, oppositional defiance disorder, depression, and reactive attachment disorder in children
- To enhance the therapeutic power of clinical dialogue to expose issues with children
- To match characteristics of clay "creatures" with the diagnosis/feelings/behaviors presented by the child

Your instructor

Paul R. White, LCSW, has more than 30 years of clinical work with children in private practice, and with the Illinois Departments of Children and Family Services, and Mental Health. He has consulted, supervised, and taught professionals in the delivery of individual, group, and family therapies. His simple, yet effective techniques are easy for children to grasp, giving therapists a variety of powerful new additions to their treatment toolboxes.

General Information

Location: The Pyle Center, 702 Langdon Street, Madison, WI, 608-262-1122

Times: 8:30–9 am—registration
9 am–4 pm—workshops

Fees: \$130/workshop includes instruction, art supplies, CEU, refreshments, and \$20 nonrefundable administrative fee. Lunch is on your own.

Registration deadline: To ensure your place in the programs and to help us accommodate you, please register as early as possible. If you do not receive a confirmation letter before the program, please call 608-262-1397 or 800-725-9692.

Cancellation policy: If you are unable to attend or arrange for a substitute, you may obtain a refund minus the \$20 administrative fee by contacting our registration department at least 3 business days prior to the program. If you cancel 3 business days or less before the program, or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, please call 800-725-9692.

Accommodations: Please make your own travel and lodging arrangements. Maps and information on lodging and parking are sent with your registration confirmation.



Both of these programs are hands-on, experiential workshops. Come prepared to participate!

For more information: contact Ann Whitaker, 610 Langdon Street, 313 Lowell Center, Madison, Wisconsin, 53703-1195; 608-262-4509; 800-442-4617 or awhitaker@dcs.wisc.edu

To register: 608-262-1397 or 800-725-9692

Approved Hours/Continuing Education Credits/workshop: 0.6 CEU = 6 hours of professional continuing education.

Social Workers: UW-Madison, *Professional Development and Applied Studies (PDAS)*, (Provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for completing each course. WI, IA, and MI Boards of Social Work recognize ACE programs.

MN Board of Social Work continuing education approval #: 06-138.

IL Registered Social Worker continuing education sponsor #: 159.000243.

Association of Play Therapy continuing education approval #: 01-13.

Counselors:

PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines. (provider # 5990).

WI Psychologists, and Marriage and Family Therapists: qualifies as an accredited university continuing education course relevant to professional practice.

WI Substance Abuse Counselors: qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

Educators: this program may qualify towards your Professional Development Plans (PDPs).

Other professions: completion of each program qualifies for 6 continuing education hours. Contact your own board or organization for specific continuing education requirements.

Registration Form

Please register me for:

Art & Creative Writing Therapy
Wednesday, September 24, 2008; Fee: \$130 Prog. #1002

CLAYtherapy®
Thursday, October 2, 2008; Fee: \$130 Prog. #1004

UW# W55

Name _____

Organization _____

Address _____

street

city / state / zip

Phone (_____) _____

area code daytime number / evening number

E-mail _____

Information used to contact you about your registration and for future marketing

Enclosed is my check/money order, payable to **UW-Madison**.

Please bill my agency above.

Please charge to the following account:

MasterCard VISA American Express
Card No. _____ Expires _____

Cardholder's Name _____

Clip & mail to: UW-Extension Registrations, Pyle Center
Dept. 101, 702 Langdon Street
Madison, WI 53706-1487

Call: 608-262-1397; 800-725-9692
(TDD 608-265-2370)

Fax: 608-265-3163 or toll-free 800-741-7416

Online: www.dcs.wisc.edu/classes/mental.htm
Phone, fax or online registrations must include payments by credit card or purchase order.

Voluntary information collected to enhance UW programming. Check all that apply.

Female Male Birthdate: Month Day Year

Heritage: African American 1 Hispanic/Latino 4
 Asian/Pacific Islander 2 White/Other 5
 American Indian/Alaskan Native 3

Occupational Area:
 Educational Services 2 Public Administration. (govt.) 8
 Engineer., Architect., Surveying 3 Retail Trade 9
 Finance, Insurance, Real Estate 4 Social, Recreat., Religious 10
 Health Services (phy/mental) 5 Transport., Comm., Utilities 11
 Manufacturing 6 Wholesale Trade 12
 Protect. Svcs. (police, guards, corr.) 7 Other 13

Are you enrolled in this program primarily for career purposes? Yes No

If you have a disability and desire accommodations please advise us ahead of time. Requests are confidential. These programs are offered by UW-Madison in cooperation with UW-Extension. No Wisconsin tax dollars were used to print this publication.

DCS-MAC-313-6/08