

General Information

Location/Times: The Pyle Center, 702 Langdon St., Madison, WI, 608-262-1122. Registration—8:30-9 am; workshops—9 am-4 pm Mon., 8:30 am-3:30 pm Tues.

Fees: \$250 workshop includes instruction, materials, CEUs, refreshments and \$20 nonrefundable administrative fee. Lunch is on your own.

Accommodations: Please make your own travel and lodging arrangements. Maps and information on lodging and parking are sent with your registration confirmation.

Register early to ensure your place in the program.

If you do not receive a confirmation letter before the program, call 608-262-2451 or 800-725-9692.

Cancellation policy:

Participants: If you are unable to attend or arrange for a substitute, you may obtain a refund minus the \$20 administrative fee by contacting our registration department at least three business days before the program. If you cancel later than that or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, call 800-725-9692.

Program: In the event of bad weather or other emergencies, visit www.dcs.wisc.edu or call 608-263-4432 to learn whether a Continuing Studies program has been cancelled.

Credit: Continuing Education Hours/Credits: 1.2 CEUs = 12 hours of professional continuing education.

Social Workers: UW-Madison, Professional Development and Applied Studies (PDAS), (Provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 12 continuing education clock hours for completing each course. **WI, IA MI, and MN Boards of Social Work recognize ACE programs. IL Registered Social Worker** Continuing Education Sponsor #159.000243. **Counselors:** PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines. (Provider #5990). **WI Psychologists, and Marriage and Family Therapists:** Program qualifies as an accredited university continuing education course relevant to professional practice. **WI Substance Abuse Counselors:** This program qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters. **Educators:** This program may qualify towards your Professional Development Plans (PDPs). **Other professions:** Completion qualifies for 12 continuing education hours. Contact your own board or organization for specific continuing education requirements.

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Continuing Studies
UNIVERSITY OF WISCONSIN-MADISON

21 N. PARK STREET, 7TH FLOOR
MADISON, WI 53715-1218

Art & Creative Writing Therapy

March 5-6, 2012

www.dcs.wisc.edu/classes/mental.htm

Art & Creative Writing Therapy: Follow the Image

A learn-by-doing workshop...

- Discover what is meant by right-brain processing
- Learn when and with whom creative therapies work
- Experience these therapies firsthand

March 5-6, 2012

Pyle Center, UW-Madison campus



Continuing Studies
UNIVERSITY OF WISCONSIN-MADISON

Registration Form

Please register me for

Art & Creative Writing Therapy

March 5-6, 2012, \$250

#1037

3-DIGIT BROCHURE CODE: UW#55

Contact information

NAME

TITLE

ORGANIZATION

MAILING ADDRESS

CITY / STATE / ZIP

PHONE ()

EVENING/CELL PHONE

E-MAIL

Payment method

Please bill my organization at the address above.

Enclosed is my check payable to UW-Madison.

Please charge to the following account:

MasterCard VISA Am Ex Discover

CARD NO.

EXPIRES

CARDHOLDER'S NAME

Mail to: UW-Madison Cont. Studies Registrations
Pyle Center, 702 Langdon St.
Madison, WI 53706-1487

Call: 608-262-2451 or 800-725-9692
(Wisconsin Relay 711)

Fax: 608-265-3163 or 800-741-7416

Online: www.dcs.wisc.edu/classes/mental.htm

Phone, fax or online registrations must include payments by credit card or purchase order.

If you have a disability and desire accommodations, please advise us when you register. Requests are confidential. Programs offered by UW-Madison in cooperation with UW-Extension.

DCS-MAC-131-12/11

Art & Creative Writing Therapy: Follow the Image—Mar. 5-6, 2012

The brain thinks in pictures. Images are the language of our dreams, our traumas, our deepest desires. Helping clients recognize personal imagery—their own “controlling metaphors”—gives them tools for addressing conflict, and for accessing surprising strengths.

Trace the emergence of your own metaphors as you play with art and words. Investigate art activities especially effective with children, clients who are highly defended or depressed, and those who aren't verbal due to stroke or developmental delay. Explore how both verbal and visual images help contain the complex impulses of adolescents, of the grieving, and of people facing tough transitions.

You don't need artistic talent to benefit from this two-day workshop; it is intended for professionals ready to enhance their treatment and diagnostic tools and to experience their own capacity for resourcefulness and fun.

The first day focuses on the history and materials of art therapy, and includes multiple hands-on activities. On your second day, multi-media artist Carol Chase Bjerke, MFA (Hidden Agenda) speaks about the artwork that transformed her cancer experience into a “discussion that had heretofore been impossible.” Next, you'll explore creative writing therapy. The day concludes with a group consideration of safe art and writing adaptations for specific client populations.

You'll learn to:

- Recognize the mechanics of right-brain processing and its relevance to problem-solving and personal growth,
- Understand the “Stimulation Spectrum,” the inherent organizing and disorganizing qualities of common art media,
- Utilize creative exercises appropriately with various client populations, and
- Appreciate the distinctive power of image-play to access pre-verbal contents and to shift emotion, cognition, and somatic symptoms

Art and writing supplies are included in the registration fee. Please dress casually and come prepared to experience creative therapies firsthand.

Your instructor

Lissa McLaughlin is a writer, editor, and expressive arts facilitator who has provided expressive treatment to grieving patients and families, acute psychiatric patients, eating-disordered adolescents, adult geriatric patients, and children with histories of sexual abuse. She holds a master's degree in fiction writing and a post-master's certificate in art therapy. An experienced workshop leader, she has taught for academic institutions across the country, including UW-Madison's undergraduate program in creative writing and Continuing Studies' Write-by-the-Lake Conference. Currently Lissa works as an expressive arts provider at Common Threads Resource Center, a school in McFarland for children on the autism spectrum.

For more information:

Contact Ann Whitaker, 21 N. Park St, 7th floor, Madison, Wis. 53715-1218; 608-262-4509 or 800-442-4617; awhitaker@dcs.wisc.edu.

