

## General information

**Location:** Pyle Center, 702 Langdon St., Madison, WI, 608-262-1122.

**Times:** registration, 8:30-9 am on Oct 26; workshops, 9 am-4 pm on Oct 26-27.

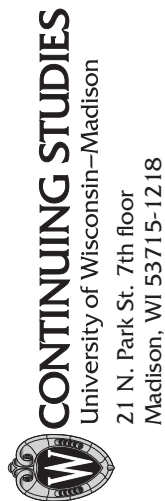
**Fees:** \$230 includes instruction, materials, CEUs, refreshments, and \$20 nonrefundable administrative fee. Lunches are on your own.

**Cancellation Policy:** *Program*—In the event of bad weather or other emergencies, call 608-263-4432 or visit [www.dcs.wisc.edu](http://www.dcs.wisc.edu) to learn whether a Continuing Studies program or class has been cancelled. *Participant*—If you are unable to attend or arrange for a substitute, you may obtain a refund minus the \$20 administrative fee by contacting our registration department at least three business days before the program. If you cancel three business days or fewer before the program, or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, please call 800-725-9692.

### Approved Hours/Continuing Education Credits:

1.2 CEUs = 12 hours of professional continuing education. **Social Workers:** UW-Madison, Professional Development and Applied Studies (PDAS), (Provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 12 continuing education clock hours for completing this course. **WI, IA and MI Boards of Social Work** recognize ACE programs. **MN Board of Social Work** CE Approval Number: 06-138. **IL Registered Social Worker** Continuing Education Sponsor #159.000243. **Counselors:** PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines. (provider # 5990). **WI Psychologists, and Marriage and Family Therapists:** qualifies as an accredited university continuing education course relevant to professional practice. **WI Substance Abuse Counselors:** qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters. **Educators:** this program may qualify toward your Professional Development Plans (PDPs). **Other professions:** completion of this program qualifies for 12 continuing education hours. Contact your own board or organization for specific continuing education requirements.

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**Men and Therapy**  
Working with shame-based defenses to achieve intimacy  
—October 26-27, 2009



**CONTINUING STUDIES**  
University of Wisconsin-Madison

# Men and Therapy:

## Working with shame-based defenses to achieve intimacy

October 26-27, 2009  
with Ron May, PhD

Pyle Center  
702 Langdon St.  
Madison, Wisconsin

*"Very engaging, useful information. I will be able to apply what I've learned to most of my cases. Surprised at how useful everything Dr. May had to offer was."*

—Kate Zucchi, LCSW

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# Men and Therapy:



## Working with shame-based defenses to achieve intimacy

Monday-Tuesday  
October 26-27, 2009

In this redesigned two-day workshop we examine men's unique developmental issues and the impact on men's lives and the lives of those around them. Whether actively engaged in the therapeutic experience or not, men and the issues affecting them can powerfully influence individuals, families, and therapeutic outcomes.

Learn about male development, explore gender differences in presenting problems, and examine the issues that men care about most. Spend two days learning from research-based information, innovative clinical strategies, and case studies, including a videotaped therapy session. Leave with renewed inspiration and specific therapeutic strategies for practical use.

### Learn how to:

- \* Engage men in the therapeutic relationship
- \* Empathize with men's reluctance to engage in therapy
- \* Help men overcome their shame-based defenses
- \* Talk and listen to boys and adolescent males
- \* Recognize transference and counter-transference issues
- \* Help men develop support systems and continue growth throughout their lives

### Topics include:

- \* Recent theories and research on male development
- \* The process of men's therapy and why "traditional" men hate psychotherapy
- \* Therapist-gender considerations
- \* Relationships and resistance to intimacy

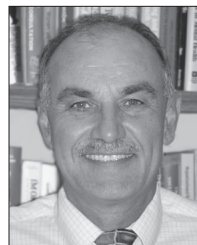
- \* Power and control issues and counseling men who abuse
- \* Therapeutic modalities and clinical strategies

Throughout the two-day workshop we encourage discussion and exploration of complex issues and cases.

### Topics covered through case examples and applied strategies include:

- \* Depression and how men often mask it
- \* Fathering and obstacles to emotional involvement
- \* Work identity and "workaholism"; balancing family and work; midlife career changes
- \* Male sexuality from pro-feminist and male-affirmation perspectives
- \* Male victims of sexual abuse
- \* Male friendships

### Your instructor



**Ron May, PhD**, is a licensed psychologist in private practice in Madison, Wisconsin. Dr. May has worked with men's issues for more than 30 years with individuals, couples, and families. He regularly leads men's therapy groups and taught

The Psychology of Men and

Masculinity at UW-Madison for 17 years. He serves on the editorial board of *Psychology of Men and Masculinity* and is actively involved in the National Organization of Men Against Sexism and the Society for the Psychological Study of Men and Masculinity. Ron is a highly regarded seminar leader.

**For more information:** Contact Ann Whitaker at 21 North Park Street, 7th Floor, Madison, WI, 53715-1218; 608-262-4509; 800-442-4617; or [awhitaker@dcs.wisc.edu](mailto:awhitaker@dcs.wisc.edu)

**Registration deadline:** To ensure your place, please register as early as possible. If you do not receive a confirmation letter before the program, please call 608-262-7942 or 800-725-9692.

**To register:** 608-262-1397 or 800-725-9692

## Registration form

Please register me for:

**Men and Therapy**

October 26-27, 2009 \$230

Prog. #1011

Enter 3-digit code from mail panel: UW# W55

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

street

city / state / zip

Phone ( ) \_\_\_\_\_

area code daytime number / evening number

E-mail \_\_\_\_\_

May be used to contact you about registration and also for future marketing

Enclosed is my check/money order, payable to **UW-Madison.**

Bill my agency at address above.

Please charge to the following account:

MasterCard  VISA  American Express

Card No. \_\_\_\_\_

Expires \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

**Clip & mail to:** UW-Extension Registrations, Pyle Center  
Dept. 101, 702 Langdon Street  
Madison, WI 53706-1487

**Call:** 608-262-1397 or 800-725-9692  
(TDD 608-265-2370)

**Or fax:** 608-265-3163 or toll-free 800-741-7416  
Phone or fax registrations must include  
payments by credit card or purchase order.

**Online:** [www.dcs.wisc.edu/classes/mental.htm](http://www.dcs.wisc.edu/classes/mental.htm)

Voluntary information collected to enhance UW programming. Check all that apply.

<input type="checkbox"/> Female	<input type="checkbox"/> Male	Birthdate: Month	Day	Year	
Heritage: <input type="checkbox"/> African American			1	<input type="checkbox"/> Hispanic/Latino	4
<input type="checkbox"/> Asian/Pacific Islander			2	<input type="checkbox"/> White/Other	5
<input type="checkbox"/> American Indian/Alaskan Native			3		

Occupational Area:					
<input type="checkbox"/> Educational Services		2	<input type="checkbox"/> Public Administration. (govt.)	8	
<input type="checkbox"/> Engineer., Architect., Surveying		3	<input type="checkbox"/> Retail Trade	9	
<input type="checkbox"/> Finance, Insurance, Real Estate		4	<input type="checkbox"/> Social, Recreat., Religious	10	
<input type="checkbox"/> Health Services (phy/mental)		5	<input type="checkbox"/> Transport., Comm., Utilities	11	
<input type="checkbox"/> Manufacturing		6	<input type="checkbox"/> Wholesale Trade	12	
<input type="checkbox"/> Protect. Svcs. (police, guards, corr.)		7	<input type="checkbox"/> Other	13	

Are you enrolled in this program primarily for career purposes?  Yes  No

If you have a disability and desire accommodations please advise us ahead of time. Requests are confidential. These programs are offered by UW-Madison in cooperation with UW-Extension. No Wisconsin tax dollars were used to print this publication.