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Fetal Alcohol Spectrum Disorders Training of Trainers Certificate Program

Monday–Friday, March 5-9, 2012

Epic Headquarters
1979 Milky Way
Verona, WI 53593



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Many health and human services providers, educators, and others work with clients affected by prenatal alcohol exposure but lack training to effectively identify, refer, and/or provide effective services for individuals and families affected by FASD. In addition, few agencies or communities offer local FASD training to address these important issues.

This certificate program provides up-to-date, science-based information on FASD, as well as the skills, strategies and materials for medical and allied health professionals, human services providers, families, communities, administrators, policy makers, and others to become FASD trainers.

Training Goal

Certify medical, allied health providers and others in FASD education through:

- understanding of current research-based FASD information
- gaining knowledge of FASD materials and resources
- enhancing skills in planning, providing, and evaluating FASD educational programs

Upon successful completion of the following requirements, you will receive the FASD Educator Certificate from UW-Madison:

- fully participating in the five-day in-person training;
- completing pre- and post-training evaluations;
- completing one written assignment;
- providing one group presentation;
- passing "TOT Trainer" quiz, minimum 80% proficiency;
- successfully completing at least two FASD-related trainings, including evaluating and sharing results. (Positive participant feedback must be received from the two required trainings.)

The certificate program supplements other professional training, and does not certify a participant to provide substance abuse counseling and/or services to individuals affected by FASD. It is designed to provide pertinent information and skills to help prepare and provide FASD-related training and educational programs for a range of audiences.

NOTE: Participants who would like to learn more about FASD but do not want to become a certified trainer are welcome to attend the first three days of training (Monday-Wednesday).

Background

Alcohol use during pregnancy is a leading, preventable cause of birth defects and developmental disabilities. Despite increased awareness and education, women of childbearing age—including pregnant women—drink and binge drink (four or more drinks per occasion) at alarming rates. Fetal alcohol spectrum disorders is the umbrella term used to describe the range of lifelong effects that can occur due to prenatal alcohol exposure including physical, cognitive, behavioral, and/or social deficits. Though it is not intended as a clinical diagnosis, the term represents the medical conditions associated with prenatal alcohol exposure, including fetal alcohol syndrome, partial fetal alcohol syndrome, alcohol-related neurodevelopmental disorder, and alcohol-related birth defects.



Training Topics

- Foundations of FASD
- Women and alcohol
- FASD resources
- Biological effects of alcohol on the fetus
- Screening, diagnosis and assessment of FASDs
- Developmental implications of FASDs
- Treatment approaches across the lifespan
- Preventing FASDs: community and individual approaches
- Strategies for providing FASD education
- Strategies for reaching medical and allied health providers
- Resources for teaching and evaluation

Rave Reviews

"I've been a public health nurse for 30 years and a lot has changed in the field of Fetal Alcohol Spectrum Disorders in that time. I learned so much in this program I often say it was 'life changing'. I met wonderful, passionate people from all over the state, the country and the world! We share resources and continue to help each other with the trainings. I would HIGHLY recommend this training for any medical or allied health professional. The materials and support I received and continue to receive are invaluable. It has fueled my passion for this subject and I plan to continue to do talks on my own time because it is so rewarding to learn and share this information."

General Information

Dates

Monday-Friday, March 5-9, 2012

Registration and pre-evaluation: 8:30 am, Mon, March 5;

Training: 9 am–4 pm Mon–Thurs; 9 am–3 pm Fri

Fees

Training of Trainers Certificate Program (Monday-Friday): \$469. Upon full completion of the training and program requirements participants receive an FASD Educator Certificate from UW-Madison.

FASD Workshop (Monday-Wednesday only): \$369.

Participants do not receive the FASD Educator Certificate.

FASD Refresher (Tuesday): \$129.

For past participants by invitation only.

Fees include instruction, training materials, lunch/breaks each day, continuing education units, and a nonrefundable administrative fee of \$20.

Limited enrollment: Priority is given to individuals who serve medical and allied health providers and/or students.

Sponsored by

University of Wisconsin–Madison Continuing Studies

Cosponsored by

University of Wisconsin School of Medicine and Public Health, Dept. of Family Medicine, Great Lakes FASD Regional Training Center (GLFRTC), and Wisconsin FASD Treatment Outreach Project (WTOP)

Continuing Education Hours

Participants receive 3.0 CEU (30 hours) for completion of the five-day training, and 1.8 CEU (18 hours) for completion of the three-day training. UW-Madison Continuing Studies is an approved CEU provider for social workers, substance abuse counselors and other professions. For a listing of the types of credits offered to program participants check out our website at <http://www.dcs.wisc.edu/pda/geninfo.htm>

Location

EPIC Headquarters, 1979 Milky Way, Verona, WI.
Free on-site parking is available for training participants.

Lodging

A block of rooms is being held at the Holiday Inn Express in Verona, WI through Feb 4, 2012 at a rate of \$70/night for a king standard room. Free airport and Epic shuttle service is available. For reservations call 608-497-4500 and ask for the FASD (UW Department of Family Medicine) rate. Check out their website (www.hiexpress.com/VeronaWI) for more information about the facility.



Epic Headquarters, Verona, WI

Faculty

David Wargowski, MD, is a medical geneticist and pediatrician at the UW School of Medicine and Public Health. He sees patients suspected of having an FASD, as well as those with a wide range of genetic and developmental disorders. Dr. Wargowski is the medical director for the Great Lakes FASD Regional Training Center and the Wisconsin FASD Treatment Outreach Project; and education director for the UW Department of Pediatrics, Division of Genetics and Metabolism.

Jacob Prunuske, MD, MSPH, earned his undergraduate and medical degrees at the UW-Madison. He completed his residence training in family medicine, a faculty development fellowship, and master's in public health at the University of Utah. Dr. Prunuske's clinical practice is at the University of Minnesota Medical School, Dept. of Family Medicine and Community Health, Duluth campus. Dr. Prunuske is dedicated to excellence in clinical medicine and the art and science of medical education.

Georgiana Wilton, PhD, is an associate scientist in the Dept. of Family Medicine at the UW School of Medicine and Public Health. She earned her PhD in rehabilitation psychology and has worked in the field of developmental disabilities for more than 25 years. Dr. Wilton is the principal investigator of several projects addressing the prevention, identification, and treatment of FASD at UW-Madison, and works directly with women-specific AODA treatment providers in Wisconsin to identify women at risk of FASD and develop treatment modifications to accommodate their unique deficits.

Kristi Obmascher, BS, is a senior outreach specialist for UW-Madison Continuing Studies. She has been providing FASD prevention, education, outreach, and support to families for more than 20 years.

Raina Haralampopoulos, MSW, is an outreach specialist in the Dept. of Family Medicine at the UW School of Medicine and Public Health. She earned her master's degree in social work with a concentration in mental health and substance abuse, and is a certified prevention specialist. She has worked for more than six years at the Wisconsin FASD Treatment Outreach Project and Family Empowerment Network, and currently coordinates FASD outreach clinics, provides counseling and referrals, disseminates information, and staffs the northwestern Wisconsin FASD task force.

Registration Form

Please register me for

FASD Training the Trainers Certificate Program #8706

- Monday-Friday, March 5-9, 2012 \$469
- Monday-Wednesday, March 5-7 \$369
- Tuesday March 6 \$129

ENTER 3-DIGIT BROCHURE CODE FROM MAIL PANEL: UW#

Contact information

NAME

TITLE

ORGANIZATION

MAILING ADDRESS

CITY / STATE / ZIP

PHONE ()

EVENING/CELL PHONE

E-MAIL

Payment method

- Please bill my organization at the address above.
- Enclosed is my check payable to UW-Madison.
- Please charge to the following account:
 - MasterCard
 - VISA
 - Am Ex
 - Discover

CARD NO.

EXPIRES

CARDHOLDER'S NAME

Mail to: UW-Madison Cont. Studies Registrations
Pyle Center, 702 Langdon St.
Madison, WI 53706-1487

Call: 608-262-2451 or 800-725-9692
(Wisconsin Relay 711)

Fax: 608-265-3163 or 800-741-7416

Online: www.dcs.wisc.edu/pda/aoda
Phone, fax or online registrations must include payments by credit card or purchase order.

If you have a disability and desire accommodations, please advise us when you register. Requests are confidential. Programs offered by UW-Madison in cooperation with UW-Extension.

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