

General Information

Location: The workshop will be held at the Pyle Center, 702 Langdon St., Madison. The building is wheelchair accessible.

Schedule: Registration, 8:30-9 am; workshop, 9 am-4 pm.

Fee: \$89, includes instruction, materials, refreshment breaks, CEU, and a nonrefundable administrative fee of \$20. Lunch is on your own.

Accommodations: Please make your own travel/lodging arrangements. We will send you accommodation and parking information with your registration confirmation; or check www.dcs.wisc.edu/pda/geninfo.htm on the Web.

Approved Hours/Continuing Education Credits:
0.6 CEU = 6 hours of professional continuing education.

Social Workers: The University of Wisconsin–Madison, Professional Development and Applied Studies (PDAS), (Provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for completing the workshop. WI, IA and MI Boards of Social Work recognize ACE programs. MN Board of Social Work CE Approval Number: 06-138. IL Registered Social Worker Continuing Education Sponsor #159.000243.

Counselors: PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines. (provider #5990).

WI Psychologists and marriage and family therapists: Qualifies as an accredited university continuing education course relevant to professional practice.

WI Substance Abuse Counselors: Qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

Educators: This program may qualify towards your Professional Development Plans (PDPs).

Other professions: Completion of each program qualifies for 6 continuing education hours. Contact your own board or organization for specific continuing education requirements. Cancellation policy: If you are not able to attend the program, you are welcome to send a substitute. If you must cancel and do so up to three business days prior to the program, you will receive a full refund minus the \$20 administrative fee. If you cancel less than three business days prior to the program, or do not attend, you are responsible for the entire fee.

Program cancellations: In the event of bad weather or other emergencies, call 608-263-4432 or visit www.dcs.wisc.edu to learn whether a Continuing Studies program or class has been cancelled.

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**Adapting Motivational Interviewing for Individuals
with FASD and Other Cognitive Limitations**



Adapting Motivational Interviewing for Individuals with FASD and Other Cognitive Limitations

Monday, October 12, 2009

The Pyle Center
702 Langdon St.
Madison, WI



**“If we recognize FASD, we can improve
treatment outcomes.”**

—Dan Dubovsky, FASD specialist

www.dcs.wisc.edu/pda/aoda

Registration Form

Adapting Motivational Interviewing for Individuals with FASD and Other Cognitive Limitations

Date: October 12, 2009 Fee: \$89 Prog. #8709

Enter 3-digit code from mail panel: UW# W55

Name _____

Organization _____

Address _____

street

city / state / zip

Phone () _____

area code daytime number / evening number

E-mail _____

Information used to contact you about your registration and for future marketing


Enclosed is my check/money order, payable to **UW-Madison.**


Please charge to the following account:


MasterCard VISA American Express

Card No. _____ Expires _____

Cardholder's Name _____

 **Clip & mail to:** UW-Extension Registrations, Pyle Center
Dept. 102, 702 Langdon Street
Madison, WI 53706-1487

 **Call:** 800-725-9692 or 608-262-7942
(TDD 608-265-2370)

 **Fax:** 608-265-3163 or toll-free 800-741-7416

 **Online:** www.dcs.wisc.edu/pda/aoda

Phone, fax or online registrations must include payments by credit card or purchase order.

Voluntary information collected to enhance UW programming. Check all that apply.

Female Male Birthdate: Month Day Year

Heritage: African American 1 Hispanic/Latino 4
 Asian/Pacific Islander 2 White/Other 5
 American Indian/Alaskan Native 3

Occupational Area:
 Educational Services 2 Public Administration. (govt.) 8
 Engineer, Architect, Surveying 3 Retail Trade 9
 Finance, Insurance, Real Estate 4 Social, Recreat., Religious 10
 Health Services (physical/mental) 5 Transport., Comm., Utilities 11
 Manufacturing 6 Wholesale Trade 12
 Protect. Svcs. (police, guards, corr.) 7 Other 13

Are you enrolled in this program primarily for career purposes? Yes No

If you have a disability and desire accommodations please advise us ahead of time. These programs are offered by UW-Madison in cooperation with UW-Extension. No Wisconsin tax dollars were used to print this publication.

DCS-MAC-017-8/09

Adapting Motivational Interviewing for Individuals with FASD and Other Cognitive Limitations

Monday October 12, 2009

9 am–4 pm, The Pyle Center, 702 Langdon St., Madison, WI

Background Information

Fetal alcohol spectrum disorders (FASD):

Prenatal alcohol exposure is a leading, preventable cause of disabilities in the U.S. Fetal alcohol spectrum disorders is the umbrella term used to describe the range of effects that can occur due to maternal drinking. Potential effects include lifelong physical, mental, behavioral, and/or social problems. In addition, individuals with FASD face increased risks for co-occurring mental health conditions including substance abuse disorders, attention deficit/hyper-activity disorders, depression, and anxiety.

Other intellectual disabilities:

The Centers for Disease Control and Prevention (CDC) reports that about 1.5 million Americans ages 6-64 have an intellectual disability. Conditions include mental retardation, learning disabilities, and other cognitive limitations. Lifelong effects can include limitations in communication, daily living skills, vocational skills, and social functioning; and result in increased risks for substance abuse, other mental health issues, and homelessness.

Substance abuse, other mental health conditions, and intellectual disabilities:

Unfortunately, individuals with FASD and other cognitive limitations who need substance abuse and/or other mental health services often slip through the cracks due to a lack of identification, referral to inappropriate services, and other barriers. Modifying current treatment modalities to meet the specific needs of individuals with intellectual disabilities can yield immeasurable benefits to individuals, providers, and society.

Workshop Objectives

This workshop will provide a brief overview of fetal alcohol spectrum disorders (FASD), provide an overview of Motivational Interviewing (MI), and discuss specific strategies to successfully modify MI for individuals with cognitive impairments, including FASD.

Co-sponsored by the Wisconsin Treatment Outreach Project (WTOP) at UW-Madison, Dept. of Family Medicine

Workshop Overview

Motivational Interviewing (MI) is an evidence-based practice that has produced positive outcomes for individuals with substance use disorders, and other issues. It has been successfully used with adolescents and adults and has been adapted in a number of situations. However, due to its reliance on cognitive abilities, it has often not been useful for individuals with cognitive limitations.

This workshop will describe the concept of Motivational Interviewing (MI) and discuss specific strategies to adapt it for those with cognitive limitations who are facing substance abuse and other mental health conditions. The workshop will focus on successfully adapting MI for individuals with a range of cognitive limitations.

Who Should Attend

Substance abuse providers, human services professionals, administrators, and others interested in substance abuse, mental health, and/or disabilities services, and those who work with the homeless can benefit from this workshop.

Speaker Information

Daniel Dubovsky (MSW, LSW) is the FASD specialist for the Substance Abuse and Mental Health Services Administration (SAMHSA) FASD Center for Excellence. In this role, he provides training and technical assistance on FASD to individuals, families, programs, agencies, communities, and states. Dan has a keen interest in providing quality services to those with FASDs, mental illness, and/or other disabilities and their families. He has worked for more than 30 years in the fields of mental health and developmental disabilities, presenting regionally, nationally, and internationally. In the area of FASD, his son Bill has been his mentor and best teacher. Bill and Dan have presented nationally and internationally on how best to develop working Therapeutic Alliances.