

## General Information

**Location:** Pyle Center on the University of Wisconsin–Madison campus

**Time:** 8:30–9 am—registration; 9 am–3 pm—workshop

**Fees:** \$120 each workshop includes instruction, materials, credit, refreshments, and \$20 nonrefundable administrative fee. Lunch is on your own.

**Registration deadline:** To ensure your place in the programs and to help us accommodate you, please register as early as possible. If you do not receive a confirmation letter before the program, please call 608-262-1397 or 800-725-9692.

**Cancellation policy:** Program—In the event of bad weather or other emergencies, visit [www.dcs.wisc.edu](http://www.dcs.wisc.edu) or call 608-263-4432 to learn whether a Continuing Studies program or class has been cancelled. Participant—If you are unable to attend or arrange for a substitute, you may obtain a refund minus the \$20 administrative fee by contacting our registration department at least three business days before the program. If you cancel later than that or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, please call 800-725-9692.

**Accommodations:** Please make your own travel and lodging arrangements. Maps and information on lodging and parking are sent with your registration confirmation.

**Approved hrs/continuing education credits/workshop:** 0.5 CEU=5 hours for each seminar of professional continuing education.

**Social workers:** UW-Madison, Professional Development and Applied Studies (PDAS) (provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 5 continuing education clock hours for completing this course. **WI, IA and MI Boards of Social Work** recognize **ACE** programs.

**MN board of social work CE approval #:** 06-138.

**IL registered social worker continuing education sponsor #:**159.000243.

**Counselors:** PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines (provider # 5990).

**WI psychologists, and marriage and family therapists:** qualifies as an accredited university continuing education course relevant to professional practice.

**WI substance abuse counselors:** qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

**Educators:** this program may qualify towards your Professional Development Plans (PDPs).

**Other professions:** completion of this program qualifies for 5 continuing education hours for each seminar. Contact your own board or organization for specific continuing education requirements.

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Professional Development and Applied Studies  
21 N. Park Street, Room 7314  
Madison WI 53715-1218

**Health Challenges and Late Life Mental Illness**  
**Day 1—September 16, 2009 and Day 2—October 1, 2009**



DEPARTMENT OF  
**Professional Development  
& Applied Studies**  
University of Wisconsin–Madison

Certificate

**MENTAL HEALTH AND  
THE OLDER ADULT**

Program

*This seminar is open to anyone interested  
in the field of gerontology and geriatrics.*

## Health Challenges and Late Life Mental Illness

**Day 1**  
**September 16, 2009**  
**9 am–3 pm**

**Day 2**  
**October 1, 2009**  
**9 am–3 pm**

**The Pyle Center**  
**702 Langdon Street**  
**Madison, Wisconsin**

[www.dcs.wisc.edu/pda/aging/certificate.htm](http://www.dcs.wisc.edu/pda/aging/certificate.htm)

## Registration Form

Please register me for:

### Health Challenges and Late Life Mental Illness

Day 1—September 16, 2009; Fee: \$120 Prog. #3003

Day 2—October 1, 2009; Fee: \$120 Prog. #3005

Enter 3-digit code from mail panel: UW# \_\_\_\_\_

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

street

\_\_\_\_\_

city / state / zip

Phone ( \_\_\_\_\_ ) \_\_\_\_\_

area code

daytime number / evening number

E-mail \_\_\_\_\_

Information used to contact you about your registration and for future marketing

Enclosed is my check/money order, payable to **UW-Madison.**

Please charge to the following account:

MasterCard  VISA  American Express

Card No. \_\_\_\_\_ Expires \_\_\_\_\_

Cardholder's Name \_\_\_\_\_



**Clip and mail to:** UW-Extension Registrations, Pyle Center  
Dept. 101, 702 Langdon Street  
Madison, WI 53706-1487



**Call:** 608-262-1397 or 800-725-9692  
(TDD 608-265-2370)



**Fax:** 608-265-3163 or toll-free 800-741-7416



**Online:** [www.dcs.wisc.edu/classes/aging.htm](http://www.dcs.wisc.edu/classes/aging.htm)  
Phone, fax, or online registrations must include payments by credit card or purchase order.

Voluntary information collected to enhance UW programming. Check all that apply.

Female  Male Birthdate: Month Day Year  
Heritage:  African American 1  Hispanic/Latino 4  
 Asian/Pacific Islander 2  White/Other 5  
 American Indian/Alaskan Native 3

Occupational Area:  
 Educational Services 2  Public Administration. (govt.) 8  
 Engineer., Architect., Surveying 3  Retail Trade 9  
 Finance, Insurance, Real Estate 4  Social, Recreat., Religious 10  
 Health Services (phy/mental) 5  Transport., Comm., Utilities 11  
 Manufacturing 6  Wholesale Trade 12  
 Protect. Svcs. (police, guards, corr.) 7  Other 13

Are you enrolled in this program primarily for career purposes?  Yes  No

If you have a disability and desire accommodations please advise us ahead of time. Requests are confidential. This program is offered by UW-Madison in cooperation with UW-Extension. No Wisconsin tax dollars were used to print this publication.

DCS-MAC-305-/07/09

## Health Challenges and Late Life Mental Illness Day 1—September 16 and Day 2—October 1

*This topic has been expanded into 2 days to allow ample time for teaching and learning. Case Studies will play a vital role in learning.*

### Description

As we age, we become more vulnerable to chronic disorders. Eighty-four percent of individuals aged 65 and over have at least one chronic illness, and 62 percent have two or more chronic illnesses. Living with chronic illness over many years can result in chronic pain, loss of function and independence, and increased dependence on others for support. Chronic illness also decreases quality of life due to isolation, depression, anxiety, cognitive loss, and other mental health issues. In this seminar we will discuss the most common geriatric disorders coupled with the best-practice approaches that professionals should use to lessen the impact of chronic disease on quality of life and mental health.

### Objectives

You will:

- understand the symptoms and causes of chronic geriatric illnesses, and learn how timely and appropriate treatment will lessen the consequences of delirium in the elderly;
- become familiar with the most current treatment guidelines for common geriatric chronic illnesses, including cardiovascular diseases, adult-onset diabetes, chronic pulmonary disease, decreased vitality syndromes, mobility disorders, chronic pain, and genitourinary disorders;
- learn how to lessen the impact of common geriatric chronic diseases on quality of life and mental health;
- learn to develop a best-practices management plan for clients with complex chronic diseases.

**For more information** contact Suzanna Castillo toll-free at 800-442-4617; in the Madison area call 608-263-3174.

To register call 608-262-1397 or 800-725-9692.

### Agenda Day 1—September 16

Topics covered are:

- Delirium
- Diabetes
- Cardiovascular Disease
- Chronic Pulmonary Disease

### Agenda Day 2—October 1

Topics covered are:

- Decreased Vitality Syndromes
- Mobility Disorders
- Chronic Pain
- Genitourinary Disorder

### Your Instructor

Dr. Kim Petersen, MD, CMD, has worked in the field of geriatrics and dementia services for more than 30 years and currently directs the Memory Diagnostic Center in Madison. He is a founding member of the Wisconsin Alzheimer Institute, a member of the board of directors for the South Central Wisconsin Alzheimer's Association, and a past president of the Wisconsin Association of Medical Directors. Dr. Petersen brings a wealth of knowledge to the Certificate Series, having worked with the geriatric population throughout his career.

### Teaching Methods

This seminar will apply multiple teaching methods using lecture, case study, and video activities.

### Who is this seminar for?

This is an open-enrollment seminar for professionals who work with older adults with mental health concerns. It also meets the requirement as a **Mental Health and the Older Adult Certificate Series** seminar.