

General Information

Location: Pyle Center, 702 Langdon St., 608-262-1122, on the University of Wisconsin–Madison campus

Time: 8:30–9 am—registration; 9 am–3 pm—workshop

Fees: \$120 each workshop includes instruction, materials, credit, refreshments, and \$20 nonrefundable administrative fee. Lunch is on your own.

Registration deadline: To ensure your place in the programs and to help us accommodate you, please register as early as possible. If you do not receive a confirmation letter before the program, please call 608-262-1397 or 800-725-9692.

Cancellation policy: Program—In the event of bad weather or other emergencies, visit www.dcs.wisc.edu or call 608-263-4432 to learn whether a Continuing Studies program or class has been cancelled. Participant—If you are unable to attend or arrange for a substitute, you may obtain a refund minus the \$20 administrative fee by contacting our registration department at least three business days before the program. If you cancel later than that or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, please call 800-725-9692.

Accommodations: Please make your own travel and lodging arrangements. Maps and information on lodging and parking are sent with your registration confirmation.

Approved hrs/continuing education credits/workshop: 0.5 CEU=5 hours for each seminar of professional continuing education per workshop.

Social workers: UW-Madison, Professional Development and Applied Studies (PDAS) (provider #1042), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), (1-800-225-6880) through the Approved Continuing Education (ACE) program. PDAS maintains responsibility for the program. Social workers will receive 5 continuing education clock hours for completing each workshop. **WI, IA and MI Boards of Social Work** recognize ACE programs.

MN board of social work CE approval #: 06-138.

IL registered social worker continuing education sponsor #:159.000243.

Counselors: PDAS is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. PDAS adheres to NBCC continuing education guidelines (provider # 5990).

WI psychologists, and marriage and family therapists: qualifies as an accredited university continuing education course relevant to professional practice.

WI substance abuse counselors: qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

Educators: this program may qualify towards your Professional Development Plans (PDPs).

Other professions: completion of each workshop qualifies for 5 continuing education hours for each seminar. Contact your own board or organization for specific continuing education requirements.

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The Star Method of Geriatric Mental Health
Part 1—December 3, 2009, Part 2—December 8, 2009



CONTINUING STUDIES
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Certificate

MENTAL HEALTH AND
THE OLDER ADULT

Program

*This seminar is open to anyone interested
in the field of gerontology and geriatrics.*

The Star Method of Geriatric Mental Health

Part 1—December 3, 2009

Part 2—December 8, 2009

9 am–3 pm

**Pyle Center
702 Langdon Street
Madison, Wisconsin**

www.dcs.wisc.edu/pda/aging/certificate.htm

Registration Form

Please register me for:

The Star Method of Geriatric Mental Health

- Part 1—December 3; \$120 3011
 Part 2—December 8; \$120 3012

Enter 3-digit code from mail panel: UW# W55

Name

Organization

Address

street

city / state / zip

Phone ()

area code

daytime number / evening number

E-mail

Information used to contact you about your registration and for future marketing

- Enclosed is my check/money order, payable to **UW-Madison.**

- Please charge to the following account:

- MasterCard VISA American Express

Card No. Expires

Cardholder's Name



Clip and mail to: UW-Extension Registrations, Pyle Center
Dept. 101, 702 Langdon Street
Madison, WI 53706-1487



Call: 608-262-1397 or 800-725-9692
(TDD 608-265-2370)



Or fax: 608-265-3163 or toll-free 800-741-7416
Phone or fax registrations must include
payments by credit card or purchase order.



Online: www.dcs.wisc.edu/classes/aging.htm

Voluntary information collected to enhance UW programming. Check all that apply.

Female Male Birthdate: Month Day Year

Heritage: African American 1 Hispanic/Latino 4
 Asian/Pacific Islander 2 White/Other 5
 American Indian/Alaskan Native 3

Occupational Area:

Educational Services 2 Public Administration. (govt.) 8
 Engineer., Architect., Surveying 3 Retail Trade 9
 Finance, Insurance, Real Estate 4 Social, Recreat., Religious 10
 Health Services (phy/mental) 5 Transport., Comm., Utilities 11
 Manufacturing 6 Wholesale Trade 12
 Protect. Svcs. (police, guards, corr.) 7 Other 13

Are you enrolled in this program primarily for career purposes? Yes No

If you have a disability and desire accommodations please advise us ahead of time. Requests are confidential. This program is offered by UW-Madison in cooperation with UW-Extension. No Wisconsin tax dollars were used to print this publication.

DCS-MAC-021-9/09

The Star Method of Geriatric Mental Health

Part 1—December 3 and Part 2—December 8

Expand your knowledge on this topic in two sessions held in Madison

Are mental health professionals ready for the future?

About 15 million people aged 65 years and older will be affected by a psychiatric disorder by the year 2030, according to the American Association for Geriatric Psychiatry. Mental health disorders such as depression, anxiety disorders, and dementia are among the most debilitating illnesses that affect older adults, yet many of these people do not recognize mental health disorders and may not know they are treatable. Equally serious is that many professionals fail to identify the signs of mental health problems in older adults. This program will help you be prepared.

If you work with older adults and recognize the growing issue of mental health assessment and treatment as crucial, you are invited to attend this seminar. Learn via lectures, case studies, video, and lively discussions that address this important topic.

People like you—community-based health and human service professionals—are often the first to have access to assessment and referral for mental health problems in older adults. You require knowledge and skill to work effectively with the elderly and you need to be well-informed about:

- Differentiation & identification of geropsychiatric illness
- Psychotropic medication management
- Chronic & acute disease impact on geriatric mental health
- How to effectively work with physicians to improve care

Learning objectives: Part 1—December 3

- Review the primary features of late-life mental disorders
- Become familiar with the multiple factors that influence mental illness & aging
- Understand the role of psychosocial factors that influence positive adaptation in late life
- Recognize medications that have positive mental health outcomes for older adults
- Recognize & value the treatability of mental illness among older adults

Learning objectives: Part 2—December 8

- Learn about the Ecological Model of Mental Health
- Learn about Small World & Network Theories
- Understand the format & process of the Wisconsin Star Method
- Applying the Star Method to complex case studies
- Learn to work collaboratively with other professionals via the Star Method
- Recognize & value the treatability of mental illness among older adults

This seminar offers collaborative instructors

Positive outcomes in mental health care require careful collaboration with other professionals. Timothy Howell, M.D., and Suzanna Waters Castillo, PhD co-lead each agenda topic and provide you with time for case study work, video instruction, discussion, and Q & A. **They invite you to bring a one-page, typed case study that provides details about mental health problems of an older adult. The group will discuss one or two case studies while applying the Star Method.**

Dr. Timothy Howell is a geropsychiatrist and associate professor in psychiatry at UW-Madison's School of Public Health and Medicine with more than 30 years of clinical experience working with older adults and mental health issues. He also is a clinician at the VA Hospital in Madison. He developed the Wisconsin Star Method, which is taught as part of this seminar.

Suzanna Waters Castillo, PhD is a faculty associate in the Department of Professional Development and Applied Studies at UW-Madison where she teaches and does research in the field of gerontology with an emphasis on care management, late life mental disorders, dementia assessment, and culturally competent care.

For more information contact Suzanna Castillo toll-free at 800-442-4617; in the Madison area call 608-263-3174.

To register call 608-262-1397 or 800-725-9692.